

# Vidya Bhawan Balika vidyapith

## Lakhisarai

Sub. Physical edu. , Class. 11th

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### **Para Olympics**

This is similar to Olympic game for disabled sports person in 1960 first time it was organized in Rome. The head quarter of international para Olympic is situated at Bonn, Germany. The international para Olympic is responsible for organizing summer and winter Olympic games. At present it comprises of 176 National Para Olympic Committees.

### **Deaflympics**

The 'Deaflympics' are games for deaf athletes. Previously they were called the International games for the Deaf. These games are organised by "The International committee of sports for the Deaf" since the first event and they are sanctioned by International Olympic committee. The deaf olympion can not be guided by sounds for example, the starter gun, bullhorn commands or referee whistles. The Deaflympics were held in paris in 1924 and were also the first ever international sporting events for athletes with disability.

The Deaflympic wintergames, was added in 1949. The games began as a small gathering of 148 athletes. Now these games are grown into a global movement.

To qualify for the games, athletes must have a hearing loss of atleast 55db in their "better ear".

Hearing aids, cochlear implant and the leke are not allowed to be used in competition.

Deaflympions can not be guided by sounds so alternative methods are used to address the athletes. For example the football referees wave a flag insted of blowing a whiste, on the track races are started by using a light, instead of using a starting pistol.

#### **Host cities (summer)**

Sobia, Bulgaria

Samsun Tunkey

#### **Host cities (Winth Diaflymics)**

Khanty mansiysk Rissia

Torino Italy

#### **Year**

August 2013

July 2017

March 2015

2019



## **Concept and need of Integrated Physical Education**

Integrated Physical Education uses physical activities and games to teach other subjects. This is a new concept in the field of Physical Education. Research and studies have shown that integrating two or more subjects in one area can stimulate the interest of students and hence promote the learning of each subject. Teachers are increasingly conducting activities both inside and outside the classroom to teach various concepts of Science, Social Science and Mathematics.

Integrated physical education is a comprehensive concept. It is not only limited to physical activities, games and sports but has become a complete discipline within the past two decades the knowledge in this field has increased tremendously. Due to research works, various subdisciplines such as sports sociology, sports Biomechanics, Sports medicine, sports pedagogy, Exercise Physiology, Sports Psychology, Sports Philosophy and sports management, etc. Integrated physical education lays emphasis on multidisciplinary learning with the integration of its subdisciplines.

Integrated physical education provides opportunities for students to see new relationships, to transfer what they have learnt from one setting to the next and to reinforce learning in various ways.

This knowledge of integrated physical education would be able to help in the fitness, health and wellness of all individuals. High quality physical education programmes can be prepared with the help of integrated physical education.

## **Concept of Inclusion**

