

VIDYA BHAWAN BALIKA VIDYAPEETH LAKHISAR

CLASS-1

SUBJECT-EVS

DATE-15-09-2021

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BASED ON NCERT PATTERN

REVISION

CHAPTER-9

Food and Clothes

B. Write T for true and F for false.

1. We should not eat food properly. F

2. Food keeps us healthy. T

3. Food gives us energy. T

4. We should eat meals at any time of the day.

F.

5. We have breakfast at night. F

C. Fill in the blanks.

1. We wear clothes to protect us from heat and cold.
2. Clothes are made up of fabric and fibres.
3. Silk and woollen clothes keep us warm.
4. Raincoats and gumboots are worn to keep us dry during rains.

Homework - Write and Learn it.