

VIDYA BHAWAN BALIKA VIDYAPEETH, LAKHISARAI

CLASS-1

SUBJECT-ENVIRONMENTAL STUDIES

DATE-05-05-2021

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BASED ON NCERT PATTERN

Chapter-2, Our Body

Recall-

- Our body helps us do many things.
- Each part of our body is useful.
- Our body has five sense organs.
- Sense organs help us to see, hear, taste, smell and feel.
- Eyes, Ears, Tongue, Nose and Skin are our five sense organs.

Question- Write the names of the sense organs being used to do these actions.



We **see** with
our



We **hear** with
our



We **taste** with
our



We **smell** with
our



We **feel** with
our

- ***We see with our eyes.***
- ***We hear with our ears.***
- ***We taste with our tongue.***
- ***We smell with our nose.***
- ***We feel with our skin.***

Workout

A. Colour the boxes green if you can do these tasks.

- 1. Leap like a frog. –**
- 2. Fly like a bird. –**
- 3. Write with your left hand.-**
- 4. Stand on one foot for 15 seconds.-**

B. Write T for true and F for false.

- 1. We have three eyes. -F**
- 2. We have one head. T**
- 3. We have four legs.- F**
- 4. We have two hands.- T**

C. Write which body part or parts would you use to do these actions.

- 1. Kick a ball. – Leg**

2. Eat food.- Hand
3. Write and draw. – Hand
4. Listen to music. – Ear

Homework-Write it clearly in your notebook and remember it.