

VIDYA BHAWAN BALIKA VIDYAPEETH, LAKHISARAI

CLASS-1

SUBJECT-E.V.S

DATE-25-04-2021

BY-KIRTI KUMARI

BASED ON NCERT PATTERN

OUR FOOD

EXERCISE-

1. Fill in the blanks-

- a. An apple is a fruit.
- b. A cabbage is a vegetable.
- c. Wheat and rice are cereals.
- d. Lenticels and peas are pulses.

2. Write the names of things that you get from milk.

 The things that we get from milk are-

- a. Cheese
- b. Curd
- c. Paneer
- d. Rasgulla

3. Write any two good food habits that you follow.

 The two good food habits that I follow are-

- a. I wash my hands properly before every meal.
- b. I do not waste food.

Homework-Write it clearly in your notebook.