

VIDYA BHAWAN BALIKA VIDYAPEETH, LAKHISARAI

CLASS-1

SUBJECT-ENVIRONMENTAL STUDIES

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\*BASED ON NCERT PATTERN\*

## Revision

### Chapter-12, Be safe

#### Being safe on the road:-

- Always wait for the light to turn red and the traffic to stop before crossing the road.
- Always look at both sides of the road before crossing.
- Cross the road only at the zebra crossing.
- While walking on the road, always walk on the footpath.
- While travelling on a car or a bus, never put your hands or head out of the window.
- Always wear a seatbelt while traveling by car.

Now, read this rhyme about crossing the road:-

*Stop, look and listen,  
before you cross the street.  
First use your eyes and ears,  
then use your feet.*

#### Being safe at school:-

- Do not jump on desks and chairs.

- Do not push anyone while walking or climbing the stairs.
- Always stand in a queue while boarding and getting off a bus.
- In the playground, do not stand in front of swings or jump off seesaws.

**We must keep a first aid kit at home, in school and in the car.**

**First aid is the first help given to someone who is injured.**