

VIDYA BHAWAN BALIKA VIDYAPEETH, LAKHISARAI

CLASS-1

SUBJECT-E.V.S

DATE-26-04-2021

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BASED ON NCERT PATTERN

Our food

Things to do

1. Fill in the blanks that you eat.

a. Breakfast: I eat bread , butter , eggs , jam , fruits , juice etc. at breakfast.

b. Lunch: I eat Chapati , rice , dal and vegetables .

c. Dinner: I eat Chapatis , dal , Vegetables etc. at dinner.

2. Name the food items that you take in liquid form.

→ I take milk and juice in liquid form.

3. Name the food items that you take raw.

→ I take carrot , onions , tomatoes and fruits as raw food items.

Homework-Write it clearly in your notebook.