

VIDYA BHAWAN BALIKA VIDYAPEETH, LAKHISARAI

CLASS-2

SUBJECT-ENVIRONMENTAL STUDIES

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\*BASED ON NCERT PATTERN\*

Digital contents worksheets:-

Chapter-9, Good Habits

1. **Unscramble the words and fill in the blanks.**
  - a. You should get up early in the morning.
  - b. You should go to bed on time.
  - c. You should eat your meals on time and should not waste food.
  - d. You should develop healthy habits to stay fit and happy.
  - e. You should be kind to animals.
2. **State whether you agree or disagree with the following statements.**
  - a. One should keep their hands dirty. -Disagree
  - b. It is necessary to eat on time. -Agree
  - c. One should eat junk food all the time.-Disagree
3. **Mention some good habits that everyone should follow.**

**Some good habits that everyone should follow are:-**

  1. Brush your teeth twice a day.
  2. Take bath daily.
  3. Trim you nails with a nail cutter.
  4. Keep your neighborhood clean .