

VIDYA BHAWAN BALIKA VIDYAPEETH, LAKHISARAI

CLASS-2

SUBJECT-ENVIRONMENTAL STUDIES

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\*BASED ON NCERT PATTERN\*

Digital contents worksheets:-

Chapter-10 ,Food

1. Circle the answers to these questions in the word search puzzle.
  - a. Casein is a white protein that gives milk its colour.
  - b. Calcium helps us to build healthy teeth and Bones.
  - c. One of the milk products that we use in our food is curd.
  - d. Camel milk is used by people living in deserts.
  - e. Buffalo milk and goat milk is sometimes used in food .
2. Mention three items made using milk.

**Answer:-** The three items made using milk are:- Butter, Paneer and Curd.