

VIDYA BHAWAN BALIKA VIDYAPEETH, LAKHISARAI

CLASS-2

SUBJECT-ENVIRONMENTAL STUDIES

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\*BASED ON NCERT PATTERN\*

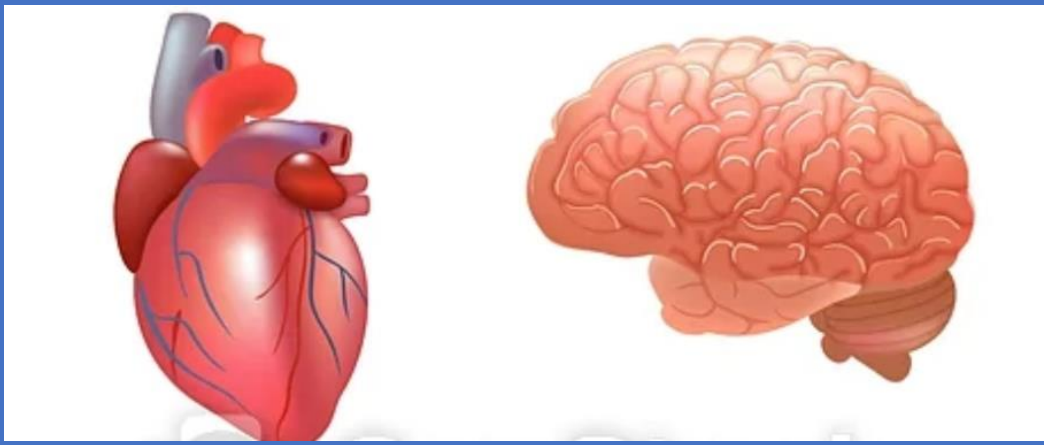
**Good morning dear students , Today we are going to start the first chapter.**

### **Chapter-1 , My body**

#### **Functions of some of our internal organs:**

- 1. Our brain- Our brain is inside our head. It helps us to think and it also controls the movements of our body. It is the control center of the body.**
- 2. Our heart- Our heart is inside our chest. It beats all the time and pumps blood to all parts of our body.**
- 3. Our lungs- Our lungs help us to breathe.**
- 4. Our stomach- Below the chest is our stomach. All the food that we eat goes into the stomach. Here it is churned and digested.**

**Given below is the diagram of our internal organs:**



**1. Heart**

**2. Brain**