

VIDYA BHAWAN BALIKA VIDYAPEETH, LAKHISARAI

CLASS-2

SUBJECT-ENVIRONMENTAL STUDIES

DATE-01-05-2021

BY-KIRTI KUMARI

BASED ON NCERT PATTERN

Chapter-1 ,My body

Practice

1. Write the answers.

a. What is the control centre of body?

 Brain.

b. What protects your brain?

 Skull.

c. What churns the food you eat?

 Stomach.

d. What pumps blood through your body?

 Heart.

2. Tick(✓) Yes for good posture and, No for bad.

a. Straight back – Yes

b. Dropping shoulders – No

c. Head held high – Yes

d. Straight shoulders – Yes

e. Bent back – No