

Balika Vidyapith Lakhisarai (811311)

CLASS- 5 SUBJECT- EVS

Based On NCERT

Date - 11/01/2021

Revision

- 1. What is a balanced diet ? Why is it important to eat a balanced diet ?**
- 2. In how many groups can we divide our food ?**
- 3. What is roughage ?**

Jyoti