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Sub. Biology

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Questions with answers

1. State any two conditions essential for good health.

Ans. Two conditions essential for good health are:

- (i) State of physical, mental and social well-being.
- (ii) Better surroundings or environment.

Q.2. State any two conditions essential for being free of disease.

Ans. The two conditions essential for being free of disease are:

- (1) Personal and domestic hygiene.
- (2) Clean environment and surroundings.

Q.3. Are the answers to the above questions necessarily the same or different? Why?

Ans. The answer to the above questions are different because a person may be free of disease but his mental, social or economical health may not be good.

Q.4. List any three reasons why you would think that you are sick and ought to do a doctor. If only one of these symptoms were present, would you still go to the doctor?

Why or why not?

Ans. The 3 reasons why one would think that he is sick are (1) headache, (2) cold and cough, (3) loose-motions.

This indicates that there may be a disease but does not indicate what the disease is. So one would still visit the doctor for the treatment and to know the cause of above symptom.

Even in case of single symptom one needs to go to the doctor to get proper treatment.

Q.5. In which of the fewer cases do you think the effects on your health are likely to be most unpleasant?

- If you get jaundice
- If you get lice
- If you get acne.

Ans. In the above cases, lice and acne are acute problems of our health which can be cured in short duration. But jaundice is the disease that can have most unpleasant effect on our health as it affects the most important organ of our body i.e., liver. This disease is a chronic one.