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BASED ON N.C.E.R.T PATTERN

CHAPTER: 10 SAFETY RULES AND FIRST AID

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Ans 1. Drivers: Over-speeding, rash driving, violation of rules, failure to understand signs, fatigue, alcohol. Pedestrian: Carelessness, illiteracy, crossing at wrong places moving on carriageway, Jaywalkers.

Ans 2. Here are six ways prevent accidents in the workplace:

- . Always be alert. There's a reason why many workers insist upon that morning coffee. ...**
- . Don't rush your work. ...**
- . Wear required safety gear. ...**
- . Follow instructions to a tee. ...**

- **Pay attention to and follow emergency drills.**

Ans 3. The possibility of slipping on a wet floor or a slick surface is therefore pretty common. A slip and fall injury may result in severe injuries including broken bones and profuse bleeding causing you immense pain and requiring medical intervention.

Ans 4. Always use insulated tools while working.

- **2-Never use equipment with frayed cords, damaged insulation or broken plugs.**
- **3-Know the wire code of your country.**
- **4-Never use an aluminium or steel ladder if you are working on any receptacle at height in your home. ...**
- **5-Avoid water at all times when working with electricity.**

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Ans 1. Always hold hands of children while crossing the road. Avoid using roads for

morning walks and jogging. Take extra care if you have to cross the road on or near a crest or curve. Avoid crossing road between parked cars.

Ans 2. Here are a few such rules:

- **Students should cooperate with the transportation staff at all times.**
- **Be on time.**
- **Wait in an orderly line.**
- **Cooperate if assigned a seat.**
- **Do not carry harmful or dangerous articles. ...**
- **Do not use tobacco.**
- **Do not write upon, disfigure or destroy school property.**

Ans 3. **Swimming Rules**

- **Always swim with a buddy.**
- **Swim only in areas that have a lifeguard.**
- **Stay out of the water when you are very tired, very cold, or overheated.**

- . Follow all swimming rules posted at the swimming area.**
- . Obey the lifeguard's instruction.**